



*At Home with Family.*

*At Home with Care.*

*“It meant so much to me to know that we could call on someone for help at any time, day or night. It gave me a feeling of support during a hard and often frightening time. I will never forget how much you did for us.”*

## Admissions/Referrals

PHONE: 1-800-575-5162

TDD: 1-800-735-2964

## Business Office

1-888-300-8853

## Donation Address

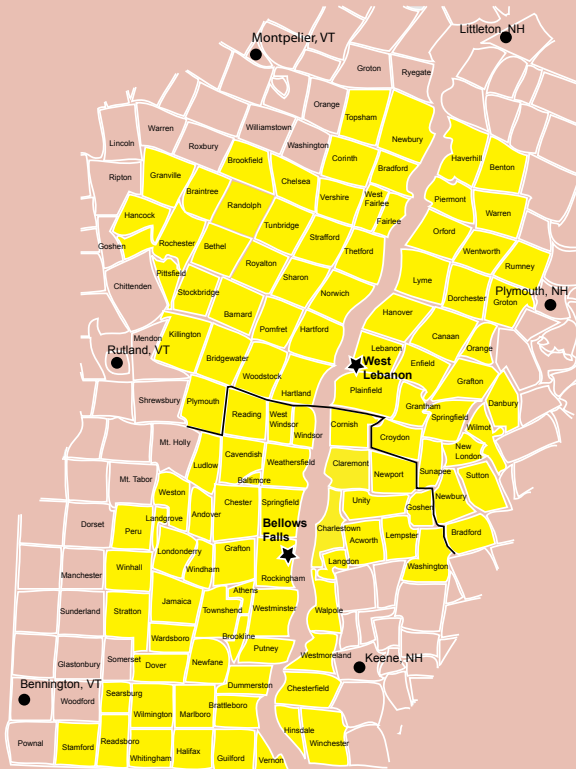
PO BOX 976

White River Junction, VT 05001

## Web

[www.vnavnh.org](http://www.vnavnh.org)

## Service Area Map



# At Home... With Care



Visiting Nurse & Hospice  
of Vermont and New Hampshire



A United Way Partner  
Agency



## About Us

Compassionate care, uncompromising service and clinical excellence – that's what Visiting Nurse & Hospice of VT and NH patients and families can expect. Serving our communities since 1907, we are committed and honored to provide clinically excellent services to you, your family and your neighbors.

*“You should be very proud of the work you do. You made a very real difference in my life.”*



## More Information

Ask your physician or hospital discharge coordinator to refer you to the **Visiting Nurse & Hospice of VT and NH**. You may also request information or an evaluation for yourself, family members or other individuals.

**Call 888-300-8853 to learn more.**

## Visiting Nurse & Hospice Programs

### Home Health Care

With a goal of promoting independence in the home, services are available to clients who are referred by a physician for short-term medical or rehab needs.

### Long Term Care

Through this state program, we care for people with chronic medical problems, allowing them to live independently in the community.

### Skilled Pediatric, Parent and Child Care

Pregnant women, new parents, babies and children are provided medical and support services that include well baby, preventative, and high-tech medical care. Pediatric hospice care is also lovingly provided.

### Hospice

Focusing on comfort rather than cure, hospice is provided wherever the client resides – at home, in assisted living or in a nursing home. Patients can participate in choosing the type of care that will help them live as fully as possible, for all the time that remains.

Our hospice provides many programs, including bereavement care for families, Pet Peace of Mind and the Legacy Project, all of which can contribute profound meaning for patients and family.

### Community Health Clinics

To benefit the communities we serve, we offer free or low-cost clinics throughout our service area. Nurses provide foot care, flu shots, blood pressure checks, and other needed wellness services.

## Clinical Services

Our programs may include the following clinical services, which are all provided under the direction of a physician:

### Skilled Nursing

Our nursing staff visits clients in their homes to assess physical condition and provide appropriate treatments and teaching, under the direction of a physician.

### Physical Therapy

Therapists implement and monitor home exercise programs to promote rehabilitation following stroke, joint replacement surgery, injury or serious illness.

### Occupational Therapy

Assessing home safety and accessibility, Occupational Therapists recommend adaptive equipment and home modifications to maximize independence.

### Speech Therapy

Speech therapists assess and treat speech and communication problems as well as swallowing difficulties.

### Medical Social Work

Coordinating community services for families and individuals, social workers help with problems associated with illness or the care of an ill person.

### Personal Care

Home health aides and personal care attendants assist with daily personal care activities such as eating, bathing, dressing and exercising.